

Armed Forces Network bulletin

November 2024

The aim of this current awareness bulletin is to provide a digest of recent guidelines, reports, research and best practice.

Mental health problems and admissions to hospital for accidents and injuries in the UK military

A [Mental Elf summary](#) of a recent epidemiological study exploring the mental health problems and admissions to hospital for accidents and injuries in the UK military.

One Is Too Many: Evaluation Report

The [One Is Too Many programme](#) has illustrated suicide risk factors leading to veterans' self-harm, suicide risk and protective factors and these can now inform policymakers, healthcare professionals, and third-sector organisations of a direction of travel that has palpable benefits. The evaluation report below, produced by the University of Chester includes findings and recommendations from the programme.

Suicides in UK armed forces veterans, England and Wales: 2021

Suicide rates among UK armed forces veterans, based on death registration records linked to Census 2021 and the Ministry of Defence (MOD) Service Leavers Database (SLD). [These are official statistics in development from the ONS.](#)

Created by Lesley Firth, Library & Information Specialist at United Lincolnshire Teaching Hospitals NHS Trust. If you have any questions or feedback please email lesley.firth@ulh.nhs.uk