



PRIDE+ Staff Network Bulletin

December 2023 - January 2024

Research briefings

[The Mental Health of LGBTQ+ Young People with Disabilities](#)

The Trevor Project, December 2023

Just under two thirds of LGBTQ young people with disabilities reported feeling discriminated against for their actual or perceived disability in the past year. This brief will expand upon previous work by examining differences in reported disability and exploring the relationship between disability-related variables and mental health among LGBTQ+ young people with disabilities

[Young LGBTQ+ People in Residential Social Care Face Pervasive Discrimination and Unmet Need](#)

National Elf Service, January 2024

LGBTQ+ young people are overrepresented in residential social care settings but their voices are largely absent from research into young people's care experiences. This research shines a light on the institutional discrimination faced by LGBTQ+ young people in the care system. Health inequalities are explored, with recommendations for improving the experiences of LGBTQ+ young people and including their voices in service design and delivery.

Published research

[Effectiveness of undergraduate medical students training on LGBTQIA + people health: a systematic review and meta-analysis](#)

BMC Medical Education, January 2024

Adequacy of learning models and their ability to engage students and match session's objectives are critical factors in achieving the desired outcome. In this systematic review and meta-analysis, we assess the methodological approach, content, and effectiveness of training initiatives addressing medical students' knowledge, attitudes, confidence and discrimination perception towards LGBTQIA + people.

[Efficacy of psychosocial interventions to reduce affective symptoms in sexual and gender minorities: a systematic review and meta-analysis of randomized controlled trials](#)

BMC Psychiatry, January 2024

LGBTQ individuals are more likely than cisgender heterosexuals to experience mental, physical, and sexual health issues. A promising contemporary strategy to address the issue of affective symptoms in sexual and gender minorities (SGM) is psychosocial intervention. This study aimed to evaluate the effect of psychosocial interventions on the improvement of affective symptoms in SGM.



Library and Knowledge Services

Palliative and End-of-Life Care for LGBT+ Cancer Patients: Scoping the Problems and Identifying the Solutions [email library.lincoln@ulh.nhs.uk to request full article]

Seminars in Oncology Nursing, December 2023

People who identify as LGBT+ face inequalities in healthcare and are receiving less palliative and end-of-life care than others with a comparable need. Research on the needs of LGBT+ people and their access to palliative care is limited. Therefore, the aim of this discussion article is to scope unique problems around palliative and end-of-life care for LGBT+ people and identify possible solutions to address these problems with direct links to nursing practice.

Satisfaction with care, general health, and mental health among sexual and gender minority cancer survivors: Results of the OUT National Cancer Survey [email library.lincoln@ulh.nhs.uk to request full article]

Cancer, December 2023

Few studies have attempted to characterize the cancer care experiences and outcomes of sexual and gender minority (SGM) patients with cancer, despite indications that this population experiences disparities across the cancer continuum. The current study used descriptive and exploratory methods to assess factors related to SGM cancer patients' satisfaction with cancer care and self-reported physical and mental health.

[The sexual and gender minority \(LGBTQ+\) medical trainee: the journey through medical education](#)

BMC Medical Education, January 2024

In this literature overview, we share with the reader challenges faced by LGBTQ+ individuals pursuing medical education, from undergraduate to postgraduate training. The unique obstacles LGBTQ+ trainees encounter are highlighted throughout this article.

[Transgender and non-binary people's experiences with alcohol reduction in the UK: A cross-sectional study](#)

Journal of Substance Use and Addiction Treatment, December 2023

Transgender and non-binary people experience disproportionate harm from alcohol use, have a greater likelihood of developing dependence, and experience exclusion from both clinical and peer-based support systems. This study aimed to understand experiences with and preferences for alcohol reduction support among UK-based transgender and non-binary people.

Blogs / Commentary / Editorials / Opinion Pieces

[Care & Loss: LGBTQ+ experience and expectation of end-of-life care](#)

Cottage Hospice, November 2023

This film was commissioned by to understand more about end-of-life experiences through an LGBTQ+ lens to inform care within hospices and other care settings. The film features people who were interviewed about their experiences of supporting a loved one who was dying, including partners and friends within the LGBTQIA community in London.



[LGBT+ History Month 2024](#)

NHS Confederation, January 2024

LGBT+ History Month celebrates LGBTQ+ people in all their diversity, raises awareness and combats prejudice with education. This page contains links to useful resources and showcases some LGBTQ+ healthcare trailblazers.

[New Year's Resolutions for LGBTQ+ Allyship](#)

Mygwork, January 2024

The new year is an opportunity to reflect and set intentions for personal growth and positive change arises. While many individuals focus on health and career goals, it's equally important to consider resolutions that foster inclusivity and support for marginalized communities.

[Overcoming Queerphobia In The Workplace With Non-Binary Activist Alok-Vaid Menon](#)

Forbes, January 2024

LGBTQ+ professionals and allies alike should not be afraid to discuss queerphobia in the workplace and beyond. Education surrounding queerphobia starts with employers acknowledging queer voices and workplace issues all year rather than solely during Pride Month.

[Working as a transgender surgeon](#)

The Bulletin of the Royal College of Surgeons of England, January 2024

Phillipa Burns, Consultant Vascular Surgeon, shares her experience of transitioning in the workplace. 'Five years on I can look back and think about what was easier than I'd expected and what has been more difficult, and give some advice to those who find themselves in a situation where someone they know is transitioning.'

Books / Audiobooks

A selection of newly published books from the LGBTQ+ community. (Please note these are not held by the Library Service but are available from the usual book retailers).

The Old Gays' Guide to the Good Life by Mick Peterson, Bill Lyons, Robert Reeves and Jessay Martin

From the internet's most beloved foursome, a book of inspirational stories and aspirational advice for living life at the fullest. The Old Gays have taken TikTok by storm, outrageous and hilarious, fashionable and fierce. But as four gay men, aged from 67 to 80, they have lived through decades of momentous change and they've got stories that take more than three minutes to tell.

Til Death Do Us Bard by Rose Black

It's been almost a year since Logan 'The Bear' Theaker hung up his axe and settled down with his sunshiny bard husband, Pie. But when Pie disappears, Logan is forced back into a world he thought he'd left behind.



Library and Knowledge Services

Transgender Inclusion: All the Things You Want to Ask Your Transgender Coworker but Shouldn't by A. C. Fowlkes

Discover the realities for transgender people in the workplace and beyond as they move through any of the three recognized kinds of transition—and how to be an ally.

Library Services

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Can't find the information you need? We can do literature searches for you:
<https://www.nhslinclslibrary.uk/search-request/>

We can provide training on how to search healthcare databases and resources as well as showing you how to appraise the information that you find:
<https://www.nhslinclslibrary.uk/training/>

Online Resources

BMJ Best Practice is a clinical decision support tool that provides step-by-step guidance on diagnosis, prognosis, treatment and prevention of a wide variety of conditions:
<https://bestpractice.bmj.com/oafed>

ClinicalKey is a database which supports healthcare professionals by providing access to the latest evidence across specialties: <https://www.clinicalkey.com/>