



# Nursing Bulletin

March 2024

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## Focus Board Games

Game based learning is the perfect way to learn!

The following board games are available to loan from the library

### The Drug Round Game



### Sepsis Game



### Dysphagia Game



### The Stroke Game



Please contact [library.pilgrim@ulh.nhs.uk](mailto:library.pilgrim@ulh.nhs.uk) for information on how to loan these items



## Articles

### Addressing the skin care needs of the older person

**British Journal of Healthcare Management Vol. 30, No. 3 pp.76-80**

Sandra Lawton OBE, Queen's Nurse and project lead at Eczema Outreach Support, highlights the importance of skin care in older people, with recommendations for management and patient education in primary and secondary care.

### A guide to pain assessment and management in adults

**British Journal of Nursing Vol. 33, No. 5 pp. 246-251**

This article seeks to provide a deeper understanding of the physiology of pain and the various classifications used in clinical practice. It also aims to raise awareness of the skills that nurses require for the assessment and management of an individual patient's pain.

### The role of decontamination in reducing healthcare-associated infections

**Nursing Standard, 11<sup>th</sup> March 2024**

This article discusses the most common HCAs, decontamination methods that can be used, and relevant UK legislation, policies and guidance.

### Elements of care, part 3: communicating

**British Journal of Healthcare Assistants Vol. 18, No. 3 pp. 84-89**

This article considers communication. Communication is one of the key activities of living in the Roper-Logan-Tierney model (2000).

### Compassion fatigue in community nursing: what is it, who is susceptible, and what can be done?

**British Journal of Community Nursing Vol. 29, No. 3 pp.132-136**

This article explores the various ways in which compassion fatigue affects work and personal life, highlights three factors that make someone susceptible to it and provides recommendations on how to protect oneself from compassion fatigue.

### Respecting patient autonomy: legal and professional considerations

**British Journal of Community Nursing Vol. 29, No. 3 pp.110-111**

In this month's Policy column, Iwan Dowie explores patient autonomy – a concept largely embedded within the community nursing setting. Through legal cases, a history of laws relating to patient autonomy are presented, its implications for community nurses are also discussed.

### Mites, Ticks and Lice: evolution's irritating survivors

**Independent Nurse Vol. 2024, No. 3 pp. 5-9**

Mark Greener looks at humanity's long history with these common arthropod parasites

### How to conduct a clinical consultation in advanced practice

**Nursing Times, 120, 2, February 2024**

This article on clinical consultation is the first in a series on assessment and interpretation for nurses and other non-medics working at or towards advanced practice level.

### Enhancing communication within nursing and multiprofessional healthcare teams

**Nursing Standard, 4<sup>th</sup> March 2024**

In this article, the author explores communication within healthcare teams and provides some insight into the factors that affect team communication, such as interpersonal relationships.



### **The importance of coaching in driving improvement**

**Clinical Services Journal, February 2024 pp. 31-35**

Dawn Stott highlights the role of coaching as part of personal development in healthcare. She believes that coaching can contribute to improvements in patient safety, promote effective teamworking, and help to develop supportive environments for both patients and healthcare professionals.

### **Making the most of libraries, part 3: searching the internet**

**British Journal of Healthcare Assistants Vol. 18, No. 3 pp.101-103**

This article will discuss the role of internet search tools, their associated benefits and challenges, and practical tips for making your use of tools such as Google Scholar more effective. The vital role that libraries and librarians play, including the support they provide to enable good information literacy for healthcare assistants and nursing staff, is also discussed.

(If you would also like parts 1 & 2 please let me know)

### **Martha's Rule: giving patients a voice at last**

**Independent Nurse Vol. 2024, No. 3 p.10**

The introduction of Martha's Rule aims to enhance patient safety, responsiveness and communication, ensuring that critical concerns are not overlooked and timely action is taken.

## **The Royal Marsden Manual Online**

The [Royal Marsden Manual Online](https://openathens.nice.org/) is available to all NHS Staff with an NHS Open Athens account. If you do not have a NHS OpenAthens account then you can self-register for one at: <https://openathens.nice.org/>

## **Library services**

<https://www.nhslincslibrary.uk/>

## **KnowledgeShare**

Sign up to KnowledgeShare and we will send out regular emails alerting you to the latest evidence on a particular topic. To sign up, please click on the following link

<https://www.nhslincslibrary.uk/knowledgeshare-request/>

## **Evidence Searching Training**

If you need evidence we can provide training on how to search the healthcare databases and resources. We can also show you how to appraise the information that you find. To book a training sessions please contact [clinical.libarian@ulh.nhs.uk](mailto:clinical.libarian@ulh.nhs.uk). More information can be found at

<https://www.nhslincslibrary.uk/page/training/>

## **Online resources**

**BMJ Best Practice** is available to all NHS staff. This clinical decision support tool provides step-by-step guidance on diagnosis, prognosis, treatment and prevention of a wide variety of conditions.

<https://bestpractice.bmj.com/oafed>



**ClinicalKey** is a database which supports healthcare professionals by providing access to the latest evidence across specialties.

<https://www.clinicalkey.com/>