



# PRIDE+ Staff Network Bulletin

## October-November 2023

### Guidelines, Policies and Reports

#### [Ace in the UK report](#)

##### **Stonewall, October 2023**

The Ace in the UK Report uncovers the experiences of healthcare, workplace and societal discrimination that asexual people face in the UK, and the need for better protections.

#### [Trans hate crime rises 11% in past year in England and Wales](#)

##### **BBC News, on [Home Office statistics](#), October 2023**

Recorded hate crimes against transgender people in England and Wales rose 11% to 4,732 offences in the last year, according to Home Office figures. All other groups for which hate crime data is recorded saw a drop over the same period.

### Research briefings

#### [Gender identity and eating disorders: clinician's perceptions of care for transgender and gender diverse patients](#)

##### **The Mental Elf, October 2023**

Research has identified that the occurrence of EDs is higher amongst transgender and gender diverse individuals, yet research has largely focused on white cisgender girls and women. This study explored healthcare providers' views around the access to care and treatment within ED services for transgender and gender diverse individuals, with a focus on facilitators and barriers to care.

### Published research

#### [Aging with Pride: Innovations in Dementia Empowerment and Action \(IDEA\)](#)

##### **Contemporary Clinical Trials Communication, October 2023**

Sexual and gender minority (SGM) older adults and their care partners face unique vulnerabilities that exacerbate living with dementia, including elevated disparities in comorbidities, social isolation, and structural inequities, such as discrimination and lack of access to supports. This paper describes the virtual adaptation process of the first-ever randomized controlled clinical trial intervention, IDEA, designed for SGM older adults living with dementia and their care partners.

Disclosure and Help-Seeking Experiences of Sexual and Gender Minority Victims of Intimate Partner Violence: A Mixed-Methods Study [email [library.lincoln@ulh.nhs.uk](mailto:library.lincoln@ulh.nhs.uk) for full article]

##### **Journal of Interpersonal Violence, October 2023**

Sexual and gender minorities assigned female at birth (SGM-AFAB) experience high rates of intimate partner violence (IPV), with negative effects on health and well-being. Disclosure of and help-seeking for IPV can support the well-being of IPV survivors, yet are understudied among SGM-AFAB people.



Discrimination, gender dysphoria, drinking to cope, and alcohol harms in the UK trans and non-binary community [email [library.lincoln@ulh.nhs.uk](mailto:library.lincoln@ulh.nhs.uk) for full article]

**Alcohol and Alcoholism, October 2023**

Trans and non-binary people may be at increased risk of alcohol harms, but little is known about motives for drinking in this community. This study explored the relationship between risk of alcohol dependence, experience of alcohol harms, drinking motives, dysphoria, and discrimination within a UK sample of trans and non-binary people.

Palliative and End-of-Life Care for LGBT+ Cancer Patients: Scoping the Problems and Identifying the Solutions [email [library.lincoln@ulh.nhs.uk](mailto:library.lincoln@ulh.nhs.uk) for full article]

**Seminars in Oncology Nursing, September 2023**

The aim of this discussion article is to scope unique problems around palliative and end-of-life care for LGBT+ people and identify possible solutions to address these problems with direct links to nursing practice.

[The power to help or harm: student perceptions of transgender health education using a qualitative approach](#)

**BMC Medical Education, November 2023**

Lack of transgender health education among health professional education programs is a limitation to providing gender-affirming care. Few studies have addressed student perceptions of or receptiveness towards transgender health education. The study purpose was to explore student perceptions of transgender health education.

## **Blogs / Commentary / Editorials / Opinion Pieces**

[20 years after Section 28, why repealing anti-LGBT law wasn't enough](#)

**Open Democracy, November 2023**

The 1988 law banning the 'promotion' of homosexuality wreaked havoc on a generation. But its legacy continues. Section 28 helped legitimise "really harmful views" about queer people. Two decades on, these views inform UK health and education policy, impacting queer and trans people's safety in their communities, experiences at work and school, and access to healthcare.

[Homophobic abuse of elderly LGBTQ+ people in care homes exposed in new documentary](#)

**Pink News, November 2023**

Ted & Noel, a documentary shining a light on the abuse of queer people in care homes, has arrived on Channel 4's streaming service after winning an LGBTQ+ film festival award. The documentary follows the work of activist Ted Brown to raise awareness of the abuse faced by his late husband Noel Glynn, who was burned by a cigarette and left bruised by staff in a Croydon care home, where he lived with dementia.



## Library and Knowledge Services

[How substance use services can better support LGBTQ+ people](#)

### **The Conversation, October 2023**

LGBTQ+ people in the UK face significant barriers to accessing substance use services, due to a number of factors, including fear of discrimination and stigma. Our research has shed light on these barriers and offers ideas for better helping this community.

[LGBT health and wellbeing: Finding the right care for you](#)

### **Reader's Digest, October 2023**

LGBTQIA people face disproportionate discrimination in healthcare, which can stop some from seeking help. Here's how to navigate finding queer-friendly care.

['Life as a trans woman in the UK has never felt more dangerous than it does today'](#)

### **Pink News, November 2023**

When I'm asked what it's like to live in this country as a trans person in the current political climate by someone I know, it feels like being asked to weigh up the pros and cons of a no-fault eviction notice, or to name my favourite natural disaster.

[Transgender Awareness Week: understanding the law in the workplace](#)

### **People Management, November 2023**

How can employers ensure they comply with the current legal protections for trans people?  
Sapandeep Singh Maini-Thompson reports

## **Books / Audiobooks**

*A selection of newly published books from the LGBTQ+ community. (Please note these are not held by the Library Service but are available from the usual book retailers).*

### **In Memoriam by Alice Winn**

Tracing the love story between two WWI soldiers, In Memoriam is a luminous, heartbreaking meditation on the tragedies of war and the precious sanctuary that can be found in deep human connection.

### **Make You Mine This Christmas by Lizzie Huxley-Jones**

Haf is ready to blow off steam at a Christmas party. A no-strings-attached kiss with a stranger under the mistletoe is just what she needs. But the next day, everyone believes she and Christopher are in love and spending the festive season with his family. To save her new friend from embarrassment, Haf agrees to go along with the ruse. Until she meets Kit: Christopher's mysterious, magnetic and irresistible sister. She can't possibly fall for her fake boyfriend's sister this Christmas . . . can she?

### **Gender is Really Strange by Teddy G. Goetz, illustrated by Sophie Standing**

What does it mean to be trans? Non-Binary? Gender Expansive? What parts of gender come from society? What parts come from within? How much is biology, and how much is socialization? This science-based graphic medicine comic addresses these questions and more, revealing the inherent messiness of gender identity and sex.



## Library and Knowledge Services

### Library Services

Would you like to keep up to date with the latest evidence on topics of your choice? Sign up for a current awareness alert: <https://www.nhslincslibrary.uk/knowledgeshare-request/>

Can't find the information you need? We can do literature searches for you:  
<https://www.nhslincslibrary.uk/search-request/>

We can provide training on how to search healthcare databases and resources as well as showing you how to appraise the information that you find:  
<https://www.nhslincslibrary.uk/training/>

### Online Resources

**BMJ Best Practice** is a clinical decision support tool that provides step-by-step guidance on diagnosis, prognosis, treatment and prevention of a wide variety of conditions:  
<https://bestpractice.bmj.com/oafed>

**ClinicalKey** is a database which supports healthcare professionals by providing access to the latest evidence across specialties: <https://www.clinicalkey.com/>